

Guysborough County Walkathon 2012 Registration (www.pals-ns.ca)



Guysborough Memorial
Hospital

St. Mary's Memorial
Hospital

Eastern Memorial
Hospital

The Fourth Annual Guysborough County Walkathon, under the direction of the Physically Active Lifestyle Society (PALS), will be held on

Saturday, July 21, 2012

The funds raised will be in aid of
Guysborough County's rural hospitals:
Eastern Memorial Hospital Foundation,
Guysborough Memorial Hospital Auxiliary
or St. Mary's Memorial Hospital Society.

This enjoyable event will begin at 10:00 AM from the Jost Building at Guysborough's Waterfront for a distance of 5 km (3.1 miles), travelling beside Guysborough's harbour, up Peart Point Road, and return via the same route.

Each walkers pledges collected must equal a grand total of \$20.00 or more.

Registration and submission of pledges raised will be at the Jost Building
from

8:00 AM until 9:45 AM on Saturday, July 21.

All walkers will be eligible to participate in the draws for prizes.

**Pledge sheets available at this poster's location.
and online: www.pals-ns.ca**

Questions:

Donald Dunbar, St. Mary's Memorial Hospital Society (522-2572).

Julie-Ann Levangie, Eastern Memorial Hospital Foundation (366-2361).

Elizabeth Connolly, Guysborough Memorial Hospital Auxiliary (533-2248).

Ray Bates, Physically Active Lifestyle Society (PALS) (533-2528).

Neighbours Helping Neighbours