

Guysborough County Triathlon –The triathlon that beat Hurricane Bill

Sanctioned by Triathlon Nova Scotia (TNS)

Sunday, August 22, 2010 – Guysborough, Nova Scotia

Registration Form

(Registration closes @ 8:00 AM race day)

Name: _____

Address: _____

Phone Number: () _____ E-mail: _____

Age on Dec 31, 2010: _____ Date of Birth _____ (D/M/Y)

Male _____ / female _____ TNS Member: Yes / No: _____ TNS # _____

IMPORTANT: TNS membership card must be shown on race day. If not a member, a one-day membership fee must be purchased on site from TNS for \$20.00 to cover insurance.

Event: Olympic _____ Sprint _____ Try-A-Tri _____ Youth _____

Teams:

Member #1: _____ (Swimmer)

Member #2: _____ (Cyclist)

Member #3: _____ (Runner)

Category	Early Bird		After August 13	
	Individual	Team	Individual	Team
Olympic Event (age 18+)	\$40.00	\$80.00	\$45.00	\$90.00
Sprint Event (age 16+)	\$40.00	\$80.00	\$45.00	\$90.00
Youth (age 16+)	\$40.00	\$80.00	\$45.00	\$90.00
Tri-A-Tri				

Or --- **Pledge submissions in lieu of registration fees** as explained on the Guysborough County Triathlon Information page (www.pals-ns.ca):

Individual: Greater than \$100.00 = \$ _____

Team: Greater than \$200.00 = \$ _____

Please make cheques payable to PALS.

Sorry, due to incurred expenses -- no refunds after August 13, 2010. Registration fee --- if requested in writing --- credited to next year's registration fee.

The first 100 entrants to register get a T-shirt (Dry fit). T-shirt size: indicate your preference:

Small _____ Medium _____ Large _____ Extra Large _____